



HOLISTIC
LEARNING CENTERS

Life Coaching Certification
& Advanced Life-Skills Training

The HuMethod™

The 1st Authentic Spiritual Life Coaching Healing Modality

For the past *Two Decades* HLC's Spiritual Life Coaching Certification School compiled over 10,000 pages of Self-help research and conducted 15 years of clinical field-testing on the teachings of hundreds of Self-actualization leaders, Gurus, and famous self-help Authors such as Wayne Dyer, Marianne Williamson, Deepak Chopra MD, Louise Hay, Michael Singer and Eckhart Tolle. This scientifically grounded research resulted in the development of the First Authentic Spiritual Life Coaching Healing Modality titled... **The HuMethod™**

The *HuMethod™* title was chosen because the word "Hu" refers to the subconscious, divine and quantum powers that exist within all human beings. The *HuMethod™* materials are *spiritual signposts* that point to a place that cannot be found within the realm of thought. Mastering how to tap into these Universal Powers is why *HuMethod™* Certified Coaches are able to create the permanent behavioral changes needed for their clients to manifest their self-help goals as quickly as humanly possible.

HLC's clinically field-tested research was focused on which life coaching exercises *created the greatest amount of self-help improvement, with the most amount of life coaching clients, in the shortest period of time.* This scientifically measured research has resulted in new, clinically proven healing discoveries that are the most advanced and effective coaching techniques available in the life coaching industry today.

HLC offer's potential *HuMethod™* Certification Students a Risk Free way to experience *The HuMethod™* Clinically Proven Coaching Exercises and receive Proprietary Coaching Training Materials and Audios by [Registering for HLC's 2-hour Coach's 101 Class.](#)

WANT TO LEARN MORE?

[The HuMethod™ VIDEO](#) ~ [HuMethod™ Coach's Success Stories](#)

The *HuMethod's™* 10,000 pages of research materials were condensed into a 280 page, Spiritual Life Coach's client textbook and audio program titled **Self-mastery... A Journey Home to Your Inner Self.** This abridged version of the research was created as a Coaching Tool that supports *HuMethod™* Certified Coaches to quickly improve their client's quality of life, as well as having a positive energetic effect on global transformation.

This Self-mastery coach's textbook book was further condensed into the **The HuMan Handbook** and self-affirming Audio program. And like the Sutras of *Ancient India*, the *HuMethod's* HuMan Handbook contains powerful *Self-actualization pointers* in the form of *truisms* (short sayings), with little conceptual elaboration. The power and potency of the *HuMethod™* "Truisms" lies in their... brevity. This inspirational "handbook" simplifies esoteric concepts into an easy-to-read format, so that they can be treasured by the novice as well as the seasoned self-help sage.

HLC's Courses Transform Knowledge Into Empowerment

1509 Lakeside Drive So, Forked River, NJ, 08731 (888) 452-0878

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HuMethod's™ Certified Coaches are taught how to facilitate *Advanced Life Skill* exercises using two Proprietary, 600 page, **College Level Training Manuals** that are supported by 20 hours of Audio Training CDs. These *Advanced Life Skills* are the same type of topics that you read about in the bestselling self-help books by authors such as Chopra, Tolle, Williamson, Singer and Hay. The HuMethod™ *Certification Training Manuals* will help you teach abstract subjects such as “Paradox” because its training system *simplifies the instructional process* into a Step-by-step, *Easy-to-Teach*, specific set of *Advanced Life Skill* coaching exercises using coaching textbooks, audios, lesson plans, exercises and assignments.

The HuMethod™ **Certification Training Manuals** are a *Results Driven*, college level training system that includes clinical measurement forms, and subjective measuring techniques. These professional coaching tools allow HuMethod™ certified coaches to *measure and quantify* how to successfully facilitate clinically field-tested exercises to empower their life coaching clients to *quickly* achieve their self-help objectives, which will help you *to build a strong referral based coaching practice*.



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